

ESTN – 2017
Hall -A
Day 1 Programme

Time	Hall- A	Speaker	Moderator /Chairperson
8.30am	Registration		
9.00am	Opening remarks & Lighting of Kuthuvilakku		Dr. S. Sridhar Dr. Krishnasheshadri Dr. Shriram Mahadevan
9.15am	What's hot in Endocrinology?		Dr. S. Murthy Dr. J. Damodharan
9.15am	Newer therapeutic options in Dyslipidemia	Dr.Sujoy Ghosh	
9.40am	Novel targets and emerging treatments in Osteoporosis	Dr. Manoj Chadha	
10.05am	Euglycemic ketosis and cardiac outcomes	Dr. K.V.S Harikumar	
10.30am	Discussion		
10.45am	Plenary 1: CVD protection with current type 2 DM treatments	Prof. Jack Leahy	Dr. Krishnasheshadri Dr. R. S. Hariharan
11.10am	Plenary 2: Thyroid hormone action and metabolism – novel insights in the study of unusual TFTs.	Dr. Mark Gurnell	
11.35am	Discussion		
11.45am	Clinical Case Seminar: Endocrine HTN	Dr. Sujoy Ghosh Dr. Manoj Chadha Dr. N. K. Narayanan Dr. Sridhar. S	Dr. Bharat Ramji Dr. M. Ravikiran
12.15pm	Plenary 3: What is type 2 DM: current thoughts and research update	Dr. Jack Leahy	Dr. D. Rajasekar Dr. Padma
12.45pm	Presidential Oration	Medal: Dr. S. Sridhar	Citation on behalf of ESTN: Dr. V. Kumaravel
13.30pm	Lunch & Industry spotlight		
14.00pm	Debate 1: The First Injectable GLP1 vs Insulin	GLP1: Dr. Neeta Deshpande	Dr. Anand Moses

		Insulin: Dr. Anand kumar Annamalai	
14.45pm	Themed Symposia: Diabetes		Dr. Rajendran Dr. I. Periandavar
14.45pm	HTN in the diabetic - New evidence and new guidance	Dr. A. Muruganathan	
15.05pm	Understanding the position of SGLT2i in clinical care	Dr. S. R. Aravind	
15.25pm	Diabetes co-formulations - what is their role?	Dr. R. Srinivasan	
15.45pm	Discussion		
16.00pm	Themed symposia: Controversies		
	The many shades of adult diabetes	Dr. G. Vijayakumar	Dr. V.K. Subbaih Dr. Girija
16.20pm	Managing lipid phenotypes	Dr. Ameya Joshi	
16.40pm	Hypoglycemia and pseudo hypoglycemia in diabetes	Dr. S. K. Singh	
17.00pm	Discussion		
17.15pm	General Body meeting of ESTN		
18.00pm	Industry symposia	MSD/Novartis	
19.00pm	Inauguration & Dinner with Light music		

HALL – B

Day 1 Programme

Poster session: 2 – 3 pm Dr. S. Anjali, Dr. Shanmugasundar & Dr. Adlyne Reena. A

Time	Hall B	Speaker	Moderator /Chairperson
14.00pm	Debate 2: Basal bolus is dead in T2DM	Dead: Dr. Krishnan Swaminathan Very much alive: J. P. Sahoo	Dr. P. G. Sundararaman
14.45pm	Themed Symposia : Incidentalomas		Dr. N. N. Anand Dr. S. Sakthivel
14.45pm	Adrenal incidentaloma	Dr. R. Arul Prakash	
15.05pm	Pituitary incidentaloma	Dr. K. Sadishkumar	
15.25pm	The incidental Thyroid nodule	Dr. Subramanian	

		Kannan	
15.45pm	Discussion		
16.00pm	Themed Symposia: Endocrine Testing - When and How?		Dr. S. Anjali Dr. Ananthabaskar
16.00pm	Approach to the patient with elevated PTH	Dr. Thomas Paul	
16.20pm	Approach to the patient with disordered Water Metabolism	Dr. R. Muralidharan	
16.40pm	Pituitary function in adults	Dr. P. Velayutham	
17.00pm	Discussion		

Hall - A Day 2 Programme

Time	Hall A	Speaker	Moderator /Chairperson
	ESTN/OGSSI Symposia		
9.00am	PCOS and Sub-fertility: What is new?	Dr. Ganapathy Bantwal	Dr. Veni Dr. Srikala Prasad. T Dr. Shriraam Mahadevan
9.20am	TSH and Reproduction	Dr.Mark Gurnell	
9.45am	Discussion		
9.55am	Clinical Case Seminar: Thyroid disease before, during and post-pregnancy	Dr. P. G. Sundararaman Dr. Usha Sriram Dr. T. K. Shaanthy Gunasingh Dr. Anjalakshi Chandrasekar Dr. R. Premalatha	Dr. Sruti Chandrasekaran Dr. Shunmugasundar
10.40am	Themed symposia: Women Obesity and Diabetes		Dr. Sampath Kumari Dr. P. B. Premalatha Dr. Muthukumaran Jeyapaul
10.40am	Obesity and Reproductive outcomes	Dr. K. S. Jeyarani Kamaraj	
11.00am	New insights in GDM	Dr. Nihal Thomas	
11.20am	Vitamin D in sub fertility and pregnancy	Dr. ChitraSelvan	

11.40am	Discussion		
11.55am	Debate: Paleo Diet –Should we eat like Cave men?	Yes: Dr.A. Premkumar Salem No:Dr.E.Ravishankar	Dr. S. Venkatraman
12.33pm	Industry spotlight		
13.15pm	Lunch and halls unite		
13.45pm	Rastogi oration	Medal: Dr. K. Kannan	Dr. V. Kannan Dr. Kumaravel .V
14.15pm	New concepts in endocrinology		Dr. Sangumani Dr. G. Vignesh
14.15pm	The Endocrinology of longevity	Dr. A. G. Unnikrishnan	
14.35pm	The Endocrinology of love	Dr. Mathew John	
14.55pm	Discussion		
15.05pm	Themed symposia: Diabetes		
15.05pm	Preventing nephropathy through OHAS - what is the evidence?	Dr. A. K. Das	Dr. Ravichandran Dr. P. Palaniappan
15.25pm	Weekly therapies in Diabetes	Dr. V. Kumaravel	
15.45pm	Diabetic therapies in the Older individuals	Dr. Arthur Asirvatham	
16.05pm	Discussion		
16.15pm	Valedictory		

HALL – B

DAY 2 Programme

8.00am	Oral presentations		Dr. Bharath Dr. Ravikiran Dr. Asha
9.00am	Short Normal child: Point/Counterpoint	Dr. K. G. Ravikumar Dr. Hemchand. K	Dr. K. Kannan Dr. Jeyashree Gopal
9.20am	Extensive personal experience: T1 Diabetes	Dr. K. M.Prasannakuma	

9.45am	Discusion		
9.55am	Clinical Case Seminar: Management of Diabetes in adolescents	Dr. K. M. Prasannakumar Dr. Suresh Dhamodharan Dr. S. Murthy Dr. Anjali Sathya	Dr. Manikandan Dr. Sivan Arulselvan
10.40am	Themed symposia: Nuts and bolts		Dr. Thirumurthi Dr. K. Arun
10.40am	When should you consider minimally invasive thyroid surgery	Dr. S. Dhalapathy	
11.00am	Non-surgical options for size reduction in MNG and Nodules	Dr. BipinSethi	
11.20am	PET scans in Endocrinology - When &What	K. G. Kallur	
11.40am	Discussion		
11.55am	Debate: Sulfonylureas in high risk patietnts?	For: Dr. Dharmarajan Against: Dr. Vijayabhaskar Redd	Dr. Shantharam