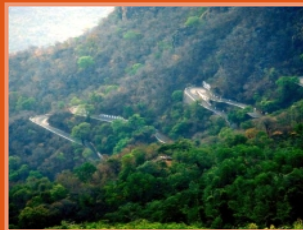


TRENDO 2018

Emerging Trends in Endocrinology & Diabetes

6th Annual Conference of Endocrine Society of Tamil Nadu and Puducherry

7th Sat & 8th Sun, July, 2018 | Hotel Radisson, Salem.



6th Annual Conference of Endocrine Society of Tamil Nadu and Puducherry



Dear Colleague,

Warm greetings from Salem.

It is our proud privilege and pleasure to invite you to **TRENDO 2018, 6th Annual Conference of the Endocrine Society of Tamilnadu and Puducherry to be held on July 7th & 8th 2018 at Hotel Radisson, Salem.** As you are aware, the field of Endocrinology and Diabetes is rapidly advancing and it would not be an exaggeration to say that it is a challenge to keep oneself updated with latest developments. On behalf of the organizing committee, we promise that **TRENDO 2018** would definitely help you face this challenge, with meticulously planned scientific sessions covering all clinically relevant domains of diabetes and endocrinology with a right mixture of plenary lectures, interactive clinical case discussions and debates. We have invited exemplary luminaries in the field from both India and abroad to make sure that every session would provide an unbiased opinion on the topic that would be highly valuable and practical. Poster and free paper presentation sessions are included to encourage research and participation of postgraduates and physicians with interest. We also have an exclusive symposium in collaboration with OGSSI - Endocrinology and Women's Health.

The conference is held at Hotel Radisson in the heart of Salem and we expect around 1200 to 1500 delegates comprising of Physicians, Diabetologists, Gynaecologists and General practitioners. The organizing committee will take maximum effort to make **TRENDO 2018** a memorable event for scientific content and hospitality.

Once again, we are glad to welcome you to **TRENDO 2018**. Please do not hesitate to contact us or any of the team members for any queries regarding the meeting or your participation.

Best Wishes and Regards

Dr. A. Premkumar, Organizing Secretary

Dr. G. Vignesh, Co-Organizing Secretary



Dr. P.G. Sundaraman, Organizing Chairperson

Dr. Krishna G Seshadri, Scientific Committee Chairperson

Dr. S. Sakthivel, Scientific Committee Co-Chairperson

The Endocrine Society of Tamil Nadu and Puducherry

The Endocrine Society of Tamil Nadu and Puducherry was formed in 2013. The 1st annual meeting was held in Madurai on date as Hormones 2013.

Aims of the Society

✦ To unite all the practicing physician endocrinologists qualified and trained or otherwise interested and work for the cause of the science of Endocrinology and subjects from endocrine diseases.

✦ To propagate recent developments in the endocrine science and practice through periodic conduct of conferences, print and publish journals, newsletters or guidelines, avail the internet and digital media facilities for the same.

✦ To publish book for lay public, under and post graduate medical students and others.

✦ To meet regularly to decide on what other ways we can serve Endocrinology.

Registered Head office : Endocrine Society of Tamilnadu & Puducherry, 89 A&B East Veli street, Opp CSI Church, Madurai - 625001, Tamil Nadu.

For enquiries regarding The Endocrine Society - Tamil Nadu and Puducherry Contact : Dr. V. Kumaravel, E-mail : drvkumaravel@gmail.com Website : www.estn.co.in

National & International Faculties



Dr. Amir Hamrahian
Cleveland Clinic, Abu Dhabi.

International Faculties :

Dr. Noel Somasundaram
Srilanka.

Dr. Charles
Srilanka.



National Faculties

Prof. Sanjay K Bhadada, PGI, Chandigarh.

Dr. Ashu Rastogi, PGI, Chandigarh.

Dr. Muralidharan, Chandigarh.

Dr. Deep Dutta, New Delhi.

Dr. Batra, New Delhi.

Dr. Manoj Chadda, New Delhi.

Prof. S.K. Singh, Banaras.

Dr. Vimal Nambiar, Calicut.

Dr. Sambila Das, Bhubaneswar.

Dr. Sri Nagesh, Hyderabad.

Dr. G.R. Sridhar, Hyderabad.

Dr. Prasanna Kumar, Bengaluru.

Dr. Vageesh Iyer, Bengaluru.

Dr. Ganapathi Bantwal, Bengaluru.

Dr. Kumaravel, Madurai.

Dr. P. Velayudham, Coimbatore.

Dr. Mathew John, Trivandrum.

Dr. Thomas Paul, CMC, Vellore.

Dr. Nihal Thomas, CMC, Vellore.

Dr. P.G. Sundararaman, Chennai.

Dr. Krishna G. Seshathri, Chennai.

Dr. Sriram Mahadevan, Chennai.

Dr. Muthukumar Jayapal, Chennai.

Dr. J.P. Sahoo, Puducherry.

Dr. Satish Kamalanathan, JIPMER, Puducherry.

Dr. Sruthi Chandrasekar

Dr. N.K. Narayanan

Dr. Kumaravel Velayudham

Dr. K.V.S. Harikumar

Dr. Arun Menon

Dr. G.R. Sridhar

Dr. S.K. Singh

Dr. Nitin,

Dr. Sridhar Sundarajan

Dr. PG. Sundaraman

Dr. Karthik Balachander

Dr. Sri Nagesh

Dr. R. Muralidharan

Dr. A.K. Das

Dr. Anand Annamalai

Dr. Krishnan Swaminathan

Dr. Deep Dutta

Dr. Jayashree Gopal

Dr. Vageesh Ayyar

Dr. R. Srinivasan

Dr. Krishna Seshadri

Dr. Rajaganesan

Dr. Palaniyappan

Dr. Ravindranath

Dr. Suresh Damodaran

Dr. Chitra Selvan

Dr. Krishna. G. Seshadri

Dr. Matthew John

Dr. Dalapathy

Dr. Prathosh Gangadhar

Dr. Arun Kannan

Dr. Anjali Sathya

Dr. Charles

Dr. Sridhar Subbiah

Dr. Vimal Nambiar

Dr. Subramaniam Kannan

Dr. Arthur Asirvadham

Dr. Ashu Rastogi

Dr. Muthukumar Jeyapaul

Dr. Sunil Kota

Dr. Tittu

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Dr. Shriram Mahadevan

Dr. Sambith Das

Dr. Shanmugasundar

Dr. Vaman Khadilkar

Dr. Satish Kamalanathan

Dr. Sanjay. K. Bhadada

Dr. Thomas Paul

Dr. Vijay Bhaskar Reddy

Dr. Venkatraman

Dr. Hariharan

Dr. Shanmugavelu

MODERATORS :- Dr.Sakthivel, Dr.Shanmugasundar, Dr.KarthikBalachander

Time	Hall - A	Speaker	Moderator / Chairperson
9:00	Opening remarks	Dr.S.Sridhar, Dr.P.G.Sundararaman, Dr.Kumaravel, Dr.S.Murthy, Dr.Muthukumar Jeyapal, Dr.A.Premkumar	
	Debate		
9:15	All patients with Hypertension should be screened for Hyperaldosteronism	Yes : Dr.Sruthi Chandrasekar No : Dr.N.K.Narayanan	Dr.Muruganathan
	Whats hot in endocrinology		
9:45	Dopamine agonists in clinically non functioning pituitary tumours - What is the evidence	Dr.Kumaravel Velayudham	Dr.S.Murthy, Dr.Krishna Chetty, Dr.K.Loganathan
10:05	New drugs for dyslipidemia	Dr.K.V.S.Harikumar	
10:25	The adipocyte as an endocrine organ - What is new?	Dr. Arun Menon	
10:45	Discussion		
11:00	ESTN Rastogi - Kannan oration: Psychological and psychiatric aspects of diabetes	Dr. GR Sridhar	Dr.S.Sridhar, Dr.V.Kumaravel
	Plenary		
11:30	Evaluation and management of Adrenal insufficiency in critically ill patient	Dr.Amir Hamrahian	Dr.B.Bhaktavatchalam
11:55	Epidemiology of Diabetic Foot infections in India and Rational Antibiotic Use	Dr.S.K.Singh	Dr.E.Thangavelu
12:20	Discussion		
	Clinical Case Seminar		
12:30	Endocrine Hypertension	Dr.Nitin Kapoor, Dr.Sridhar Sundarajan, Dr.PG.Sundaraman, Dr.Karthik Balachander	Dr.R.Barath
13:00	Lunch and hall divides		
	DAS ESTN joint session		
14:00	Diabetes and the brain	Dr.Sri Nagesh	Dr.G.Prakash, Dr.Rangabashyam,
14:20	A cluster based classification of diabetes - What is its clinical relevance to our population	Dr.R.Muralidharan	Dr.(Major) Ravishankar
14:40	The new epidemiology of heart disease and diabetes	Dr.Arthur Asirvadham	
15:00	Discussion		
	Debate		
15:15	The guideline war : ACP vs the ADA - on whose side is the evidence?	For ACP : Dr.Anand Annamalai For ADA : Dr.Krishnan Swaminathan	Dr.S.Murthy
	Pot pourri		
15:45	Non-calcemic effects of Vitamin D and its supplementation - the controversy revisited	Dr.Deep Dutta	Dr.S.P.Satishkumar
16:05	The incidental pituitary lesion	Dr.Nitin Kapoor	Dr.N.Balamurugan
16:25	NAFLD as a metabolic disease - What should the clinician know	Dr.Vageesh Ayyar	Dr.Ragupathy
16:45	Discussion		
	Industry Symposia : MSD		
17:00	1) Differences in Incretin Effect in south Asians : Implications for DPP4 inhibitors Use 2) Cardiovascular Safety with DPP4 inhibitors : A relook at the emerging data	Dr.R.Srinivasan Dr.Krishna Seshadri	Dr.G.Raja, Dr.G.S.Kumar
18:00	INAUGURATION		
19:00	ESTN General Body Meeting		
20:00	Banquet		

MODERATORS :- Dr.Vignesh, Dr.Sivan Arul Selvan, Dr.Manikandan

Time	Hall - B	Speaker	Moderator / Chairperson
08:00	Oral Presentation	Judges : Dr.Anjali Sathya, Dr.Shriraam Mahadevan, Dr.Shanmugasundar, Dr.Ravikiran	
Clinical Case Seminar			
12:30	Challenging cases in Clinical Diabetes	Dr.Rajaganesan, Dr.Palaniyappan, Dr.Ravindranath, Dr.Suresh Damodaran	Dr.Manikandan
13:00	Lunch Break		
Pot Pourri			
14:00	Endocrine disruptors in health and disease	Dr.Chitra Selvan	Dr.S.R. Subramaniam,
14:20	Endocrine rhythms their disruption and consequences	Dr. Krishna.G.Seshadri	Dr.J.Rajesh
14:40	The Neuroendocrinology of gender	Dr.Matthew John	
15:00	Discussion		
Clinical Case Seminar			
15:15	Thyroid disease and surgery	Dr.Dalapathy, Dr.Prathosh Gangadhar, Dr.Arun Kannan, Dr.Anjali Sathya	Dr.K.Poongkodi
Endocrinology and the Tropics			
15:45	The endocrinology of envenomation	Dr.Charles	Dr.Sangumani, Dr.Palanisamy,
16:05	The endocrinology of tuberculosis	Dr.Sridhar Subbiah	Dr.P. Govindaraju
16:25	Endocrine effects of alternate medicines in Indian practice	Dr.Vimal Nambiar	
16:45	Discussion		
Industry Symposia : Novartis			
17:00	Do the Early Bird catches the worm? Holistic Picture of newer OAD's - CV safety and Beyond Panel Discussion	Dr.Subramaniam Kannan, Dr.Arthur Asirvadham Panelists : Dr.S.Murugapandian, Dr.Shriraam Mahadevan, Dr.Hari Janakiraman	
18:00	ESTN General Body Meeting		

Time	Hall - C	Speaker	Moderator / Chairperson
12:00 to 14:00	Poster Presentation	Judges : Dr.Anjali Sathya, Dr.Shriraam Mahadevan, Dr.Shanmugasundar, Dr.Ravikiran	

MODERATORS :- Dr.Sakthivel, Dr.Shanmugasundar, Dr.KarthikBalachander

Time	Hall - A	Speaker	Moderator / Chairperson
Thematic symposium : Obesity			
9:00	Endocrine syndromes of obesity	Dr.Ashu Rastogi	Dr.Meher Prasad, Dr.Praveen Raj, Dr.Ravi
9:20	Newer lifestyle approaches to obesity - an overview	Dr.Muthukumar Jeyapaul	
9:40	Medical therapies in obesity: an update	Dr.Sunil Kota	
10:00	Discussion		
Clinical Case Seminar			
10:15	Endocrine disorders in intensive care unit	Dr.Tittu, Dr.Felix, Dr.Adlyne Reena Asirvatham, Dr.Prathosh Gangadhar	Dr.Suresh Prabhu
Meet the Professor :			
10:45	A case of Cushings	Dr.Amir Hamrahian	Dr.Asha, Dr.Subramaniam kannan
11:15	Break and Hall unites		
Plenary			
11:30	Clinical and genetic aspect of young onset diabetes	Dr.Noel Somasundaram	Dr.Bhavadharani
11:55	Ectopic Cushing's syndrome an Indian Experience: the spectrum,the diversity,the treatment	Dr.Nihal Thomas	Dr.Vijayaraju
12:20	Discussion		
12:30	Presidential oration	Dr.Manoj Chadha	Citation reading by Dr.V.Kumaravel, Dr.S.Sridhar
13:15	Lunch		
Reproductive Endocrinology Symposium			
14:15	TSH and fertility - an update	Dr.Jayaprakash Sahoo	Dr.Chellamal, Dr.Jayamala,
14:35	Approach to patient with premature ovarian insufficiency	Dr.Mirudubashini	Dr.Adlyne Reena Asirvatham
14:55	Disorders masquerading as PCOS and their management	Dr.Vijay Sarathi	
15:15	Discussion		
Endocrinology and pregnancy			
15:30	The management of hyperprolactinemia in the patient contemplating pregnancy and during pregnancy	Dr.M.S.Seshadri	Dr.Vani Pujari, Dr.Gnana Sanker, Dr.Shanmugavadivu
15:50	Insulin regimens in pregnancy - What works?	Dr.Ravikiran	
16:10	Vitamin D and pregnancy	Dr.Velayudham	
16:30	Discussion		

MODERATORS :- Dr.Vignesh, Dr.Sivan Arul Selvan, Dr.Manikandan

Time	Hall - B	Speaker	Moderator / Chairperson
Breakfast Symposia : Novartis			
8:00	Burden of Diabetes on Heart failure and it's prevalence.	Dr. Abraham Oomman	Dr. P. Kannan
	Management of comorbid conditions and Guideline Directed therapy in Heart failure	Dr.Lawrence Jesuraj	Dr. V.P.Eswaran
Pediatric Endocrinology			
9:00	Approach to the child with mild TSH elevation	Dr.Sivan Arul Selvan	Dr.Kumaravel
9:20	Approach to the child with ambiguous genitalia	Dr.Shriraam Mahadevan	Dr.R.Ramalingam,Dr.Sampath
9:40	Approach to the child with early puberty	Dr.Sambith Das	
10:00	Discussion		
Adolescent Endocrinology			
10:15	Approach to the adolescent with delayed puberty	Dr.Shanmugasundar	Dr.D.V.Suresh,
10:35	Optimizing growth in a child with Short stature	Dr.Vaman Khadilkar	Dr.G.D.Karthikeyan, Dr.Balu
10:55	Approach to the adolescent with hirsutism and virilisation	Dr.Satish Kamalanathan	
11:15	Discussion		
Break and hall unites			
Thematic symposium			
14:15	Metabolic Bone disease		Dr.MS.Seshadri,
14:15	Hyperparathyroidsism - an Indian experience	Dr.Sanjay.K.Bhadada	Dr.Kamalanathan,
14:45	Preventing and treating osteoporosis - state of the art in 2018	Dr.Thomas Paul	Dr.K.Prakasam
15:05	The bone and diabetes	Dr.Vijay Bhaskar Reddy	
15:25	Discussion		
Industry Talks			
15:30	Using SGLT2 inhibitors in protecting Heart and Kidney in patients with Type 2 Diabetes	Dr.S.Venkatraman	Dr.A.S.Senthilvelu, Dr.S.Nagarajan
15:50	Newer Prandial Insulins	Dr.Shanmugavelu	Dr.VijayaKumar
16:10	Sulfonylurea Position in Current Clinical Practice	Dr.R.S.Hariharan	
16:30	Discussion		

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