



TRENDO 2020

A Digital Conference with a Difference
Emerging Trends in Endocrinology & Diabetes



December 4-6, 2020

8th Annual Conference of the Endocrine Society of Tamil Nadu & Puducherry

"Awarded 8 credit hours by Tamil Nadu Medical Council"

"Certificate of participation will be issued"

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OR

At- www.itindustries.live/trendo/register

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8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY



Dear Colleague,

Warm greetings from Puducherry,

It is our proud privilege and pleasure to invite you to **TRENDO 2020**, the 8th Annual Conference of the Endocrine Society of Tamil Nadu and Puducherry, which will be held as a digital conference this year on 4th - 6th December 2020, organized by our Puducherry Team. This year **TRENDO 2020** will be held on a virtual/digital platform in view of the **COVID-19** pandemic.

As you are aware, the field of Endocrinology and Diabetes is rapidly evolving and it would not be an exaggeration to say that it is a challenge to keep oneself updated with the latest developments. On behalf of the Organizing Committee, we promise that **TRENDO 2020** would definitely help you face this challenge, by providing you meticulously planned scientific sessions covering all clinically relevant domains of Diabetes and Endocrinology with a right mixture of plenary lectures, symposia, interactive clinical case discussions and debates. We have invited distinguished faculties in the field from both India and abroad to make sure that every session would provide an unbiased opinion on the topic that would be highly valuable and practical.

With an interactive format, excellent national faculties and diverse topics covered, the conference presents an ideal learning opportunity for all doctors and postgraduates. Oral and poster presentation scientific sessions are included to encourage research and participation of postgraduates and physicians with interest, to showcase their research work on the digital platform.

This year **TRENDO 2020** will be held as a digital conference on a virtual/digital platform. We expect around 2000 delegates, comprising of Physicians, Endocrinologists, Diabetologists, Gynecologists and General practitioners. The Organizing Committee will take maximum effort to make **TRENDO 2020** a memorable event for scientific content. The unique 3 day programme will cover day to day endocrinology, update on management of thyroid disorders, current controversies in diabetes, endocrinology of/in pregnancy, PCOS and pediatric endocrinology. Once again, we are glad to welcome you to **TRENDO 2020**, A digital conference.

Please do not hesitate to contact us if you have any queries through email:
trendopuducherry@gmail.com

Best Wishes and Regards

Dr. S. Vijaya Bhaskar Reddy
Organizing Secretary

Dr. Sadishkumar Kamalanathan
Joint Organizing Secretary

Dr. Krishna Seshadri
Organizing Chairman

Dr. Shriraam Mahadevan
Scientific Chair

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

The Endocrine Society - Tamil Nadu and Puducherry

The Endocrine Society of Tamil Nadu and Puducherry was formed in 2013 with a view to spread awareness about the speciality to the public and to fulfil the need for a state level organisation for the speciality. The aims of the society are to unite all practicing physician endocrinologists qualified and trained or otherwise interested to work for the cause of Endocrinology and subjects with Endocrine disorders. The other aims are to propagate recent developments in the endocrine science through periodic conduct of conference and publish journals, newsletters or guidelines. To publish books for lay public, under and post graduate medical students and others.



TRENDO 2020 will also represent the 8th Annual Conference of the Endocrine Society of Tamil Nadu and Puducherry. It is conducted with a view to spread up to date evidence based knowledge in Endocrinology & Diabetes to Physicians, specialists with allied interest such as Gynecologists and Pediatricians and general practitioners.

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Dr.Vignesh

Dr.Manikandan

For enquiries:

The Endocrine Society - Tamil Nadu and Puducherry

Dr. Muthukumaran Jayapaul, MBBS MD (UK) MRCP (UK) CCT (Int Med & Endo)

Honorary Secretary

Email: muthukjayapaul@gmail.com

Web: www.estn.co.in

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

TRENDO 2020 Team



Patrons



Dr.S. Murthy



Dr.P.G. Sundararaman



Dr.AK Das



Organising Chairman

Dr.Krishna G Seshadri



Organizing Secretary

Dr.S.Vijaya Bhaskar Reddy



Joint Organizing Secretary

Dr.Sadishkumar Kamalanathan



Scientific Chair

Dr.Shriram Mahadevan



Joint Scientific Chair

Dr.V.Kumaravel



Dr.Jayaprakash Sahoo



Finance Secretary

Dr.R.Bharath



Joint Secretary-Finance

Dr.D.B. Naik

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Dr.Suresh Damodaran
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Dr.M.Ravikiran
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Dr.Nitin Kapoor
Dr.G.Shanmuga Sundar

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Dr.P.Velayutham
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Dr.Krishnan Swaminathan
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Dr.Arun Kannan
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Dr.NK Narayanan
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8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

TRENDO 2020

International Faculty



Prof. William F. Young Jr.
MD

Tyson Family Endocrinology Clinical
Professor & Professor of Medicine
Mayo Clinic College of Medicine
Mayo Clinic, Rochester, Minnesota, USA



Prof. Michael F. Hollick
MD, PhD

Professor of Endocrinology
Director, Bone Health Care Clinic & Vitamin
D, Skin & Bone Research Laboratory
Boston University School of Medicine,
Boston, USA



Prof. Sangeeta R. Kashyap
MD

Professor of Medicine, Endocrinology,
Diabetes & Metabolism
Cleveland Clinic Lerner College of Medicine,
Cleveland, Ohio, USA



Dr Petros Perros
MD

Honorary Clinical Senior Lecturer,
Endocrinology, Newcastle University
Consultant Endocrinologist, Newcastle
Upon Tyne Hospitals NHS Foundation Trust
Newcastle upon Tyne, UK



Prof. Mark Gurnell
MBBS, PhD, FRCP

Professor of Clinical Endocrinology & Clinical Subdean
University of Cambridge School of Clinical Medicine
Clinical Lead for Pituitary and adrenal services,
Addenbrooke's Hospital
Chair of the UK Medical Schools Council Assessment
Alliance Board
University of Cambridge, UK

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

TRENDO 2020

International Faculty



Prof. Mark W J Strachan
MD, FRCP

Honorary Professor, Endocrinology,
University of Edinburgh
Consultant Physician in Diabetes,
Endocrinology and Acute Medicine
Western General Hospital, Edinburgh, UK
Editor "Davidson's Principles and Practice of Medicines"



Prof. Kareem Meeran
FRCP

Professor of Endocrinology
Deputy Director of Medical education and
Lead clinician for Endocrinology
Charing Cross Hospital, Imperial College
Healthcare NHS Trust, London UK



Prof. Gerard Conway
FRCP

Honorary Professor, Clinical Medicine,
Institute for Women's Health
University College of London Hospitals,
London, UK



Dr Veronique Nicolaou

Lecturer & Endocrinologist
Head, Gestational Endocrine Clinic,
Chris Hani Baragwanath Academic Hospital
University of the Witwatersrand, Johannesburg,
South Africa

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

TRENDO 2020 National Faculty

Dr Abraham Oomman	Dr JP Sahoo	Dr S Ram Kumar
Dr Adlyne Reena Asirvatham	Dr JS Kumar	Dr S Sridhar, Chennai
Dr AK Das	Dr Karthik Balachandran	Dr S Sridhar, Madurai
Dr Anand Kumar Annamalai	Dr Krishna Kumar	Dr Sadish Kamalanathan
Dr Anjali Sathya	Dr Krishna Seshadri	Dr Sambit Das
Dr A. Ramachandran	Dr Krishna Shankar	Dr Sangamani
Dr Arthur Asirvatham	Dr Krishnan Swaminathan	Dr Sanjay Kalra
Dr Arulprakash	Dr Kumar Thulasidass	Dr Sathian
Dr Arun Kannan	Dr Kumaravel	Dr Senthil Kumar
Dr Arun Vishwanath	Dr Kumaravel. V.	De Seethesh Ghose
Dr Aruna Chellaiya	Dr Lokesh	Dr Shanmugasundar G
Dr Asha HS	Dr Leo Gunalane	Dr Shriram Mahadevan
Dr Ashu Rastogi	Dr M Ravikiran	Dr. Sindhu Bhairavi
Dr Balamurugesan	Dr Manikandan	Dr Sivan Arul Selvan
Dr Bharath Ramji	Dr Meher Prasad	Dr Sruthi Chandrasekharan
Dr Binayak Sinha	Dr MS Seshadri	Dr Subramanian Kannan
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Dr Ganpathy Bantwal	Dr Prem Kumar	Dr Usha Ayyagari
Dr Geethalakshmi	Dr Raghavan Padmanaban	Dr Usha Sriram
Dr Haritha	Dr R Srinivasan	Dr Vamsie Mohan
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	Dr Ramamohan	Dr Vivekanandan
	Dr S Murthy	Dr Warun Kumar

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 1: 4th December, 2020, Friday
Hall A- 03.45 - 9.30 pm

Rapporteur:
Dr. JP Sahoo

3.45 - 4.00pm			
INAUGURATION			
Thyroid Symposium			
Time	Topic	Speaker/Panelists	Chairpersons/ Moderator
TFTs, Hypothyroidism & Thyroxine symposium (Sponsored by GSK)			
04.00 - 04.30 pm	Thyroid function tests: What, when & how?	Dr. M. Ravikiran, Chennai	Dr. Velayutham, Coimbatore
04.30 - 05.30 pm	Panel discussion: Thyroxine replacement therapy: Practical aspects	Dr. P G Sundaraman, Chennai Dr. G.Vignesh, Trichy Dr. Anjali Sathya, Chennai	Dr. Velayutham, Coimbatore
Sub-clinical thyroid diseases / Thyroid vigilance			
05.30 - 06.00 pm	Sub-clinical thyroid diseases	Dr. Petros Perros, UK	Dr. S. Sridhar, Madurai Dr. Sivan Arul Selvan, Tirunelveli
06.00 - 06.30 pm	Thyroid vigilance	Dr. Sanjay Kalra, Karnal	
Hyperthyroidism & thyroid/comorbidities (Unrestricted educational grant by Abbott India Ltd)			
06.30 - 07.00 pm	Anti-thyroid drugs: How much & how long?	Dr. Shanmugasundar G, Chennai	Dr. S. Vijaya Bhaskar Reddy, Puducherry Dr. Kumar Thulasidass, Chennai
07.00 - 07.30 pm	Thyroid & diabetes	Dr. Arulprakash, Tuticorin	
Thyroid Clinics			
07.30 - 08.00 pm	Controversies in the management of thyroid cancer	Prof. Nihal Thomas, Vellore	Dr. Narayanan NK, Chennai Dr. Dhalapathy, Chennai
08.00 - 08.30 pm	Clinical snippets in thyroid: From the Veteran's file	Prof. Mark Gurnell, UK	
08.30 - 09.00 pm	Thyroid: Myths & Facts	Dr Muthukumar Jayapaul, Chennai	
Plenary Lecture- Vitamin D			
09.00 - 09.30 pm	The Vitamin D-ficiency D-Lemma and its Health Consequences	Prof. Michael Holick, USA	Dr Sadishkumar Kamalanathan, Puducherry Dr Krishanan Swaminathan, Coimbatore

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 1: 4th December, 2020, Friday
Hall B- 04.00 - 9.30 pm

Rapporteur:
Dr. Sathian

Diabetes Symposium			
Time	Topic	Speaker	Chairpersons/ Moderator
Diabetes : Classification to clinical approach			
04.00 - 04.30 pm	Clustering in diabetes: Indian perspective	Dr. Senthil Kumar, Coimbatore	Dr Arun Kannan, Madurai Prof. Sangumani, Madurai
04.30 - 05.00 pm	Approach to young-onset diabetes	Dr. Asha HS, Vellore	
Infections & Inflammation			
05.00 - 06.00 pm	Panel discussion : COVID 19 & diabetes	Dr. S. Sridhar, Chennai, Prof. Vivekanandan, Puducherry Prof. Vengadkrishnan, Chennai Dr Palaniappen, Karur	Moderator Dr. Sruthi Chandrasekharan, Chennai
06.00 - 06.30 pm	Inflammation and diabetes	Dr. R. Srinivasan, Coimbatore	Dr Prem Kumar, Salem Dr Manikandan, Madurai
06.30 - 07.00 pm	Vaccines in diabetes	Dr. Ramasubramian, Chennai	
Diabetes Clinics			
07.00 - 07.30 pm	NAFLD in type 2 diabetes: Screening and management	Prof. Mark Strachan, UK	Prof. A. K. Das, Puducherry Dr. Suresh Prabhu, Coimbatore
07.30 - 08.00 pm	Foot complications in diabetes: What not to miss!	Dr. Ashu Rastogi, Chandigarh	
08.00 - 08.30 pm	Treatment of type 2 diabetes in a patient with obesity	Prof. Sangeeta Kashyap, USA	
08.30 - 09.00 pm	Empowering cardio-renal-metabolic risk reduction: From Evidence to Practice	Prof. Ganpathi Bantwal, Bengaluru	
9:00 - 9:30 pm	Plenary Lecture- Vitamin D in Hall A		

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 2: 5th December, 2020, Saturday
Hall A- 09.00 am - 12.30 pm

Rapporteur:
Dr. Arun Vishwanath

Time	Topic	Speaker	Chairpersons/ Moderator
Imaging in Endocrinology			
09.00 - 09.30 am	Nuclear Imaging in Endocrinology	Dr Thirumurthy, Chennai	Prof. Dhanpathi Halnaik, Puducherry Dr. Meher Prasad, Chennai
09.30 - 10.00 am	Ultrasound thyroid for endocrine physicians	Dr Subramanian Kannan, Bangalore	
10.00 - 10.30 am	Pituitary & Adrenal imaging	Dr Rajeshwaran, Chennai	
Challenging Cases in Endocrinology			
10.30 - 11.00 am	Pituitary / Adrenal	Dr. S. Sridhar, Madurai	Dr. P G Sundaraman, Chennai Dr. D.B. Naik, Puducherry
11.00 - 11.30 am	Thyroid / Parathyroid	Dr. Dhalapathy, Chennai	
Pandemic Di- stress to De-stress			
11.30 am - 12.00 pm	Stress management for doctors	Dr Rajesh R, Chennai	Dr Muthukumar Jayapaul, Chennai
12.00 - 12.30 pm	Coping strategies for chronic disease patients	Dr. Jaya Prakash, Chennai	



8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 2: 5th December, 2020, Saturday
Hall B- 09.00 am - 12.30 pm

Rapporteur:
Dr. Manikandan

Time	Topic	Speaker	Chairpersons. Moderator
Glucometrics			
09.00 - 09.15 am	HbA1c vs Time In Range (TIR)	Dr. Sathian, Salem	Dr. Dhiraj Jain, Puducherry Dr. Kumaravel, Puducherry
09.15 - 09.30 am	SMBG: Clinical utility	Dr. Warun Kumar, Madurai	
09.30 - 09.45 am	CGMS: When, what and how?	Dr. Felix JebaSingh, Vellore	
09.45 - 10.00 am	Discussion		
Nutrition Workshop			
10.00 - 10.15 am	Diet terminologies demystified	Dr Geethalakshmi, Chennai	Dr. Usha Ayyagari, Chennai
10.15 - 10.30 am	Calorie counting	Dr. Bharath Ramji, Chennai	
10.30 - 10.45 am	Role of diabetes specific nutrition formulae in diabetes care	Dr Krishna Shankar, Coimbatore	
10.45 - 11.00 am	Discussion		
How to read a scientific article?			
11.00 - 11.30 am	Statistics for physicians	Dr. Om Lakhani, Ahmedabad	Dr. Sadishkumar Kamalanathan, Puducherry
11.30 am -12.00 pm	Analysing a scientific paper	Dr. Karthik. B, Chennai	
12.00 -12.30 pm	Panel Discussion	Dr. Om Lakhani, Ahmedabad Dr Karthik B., Chennai	

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 2: 5th December, 2020, Saturday

Hall C- 12.00 - 03.00 pm

12.00 – 03.00 pm

ORAL PAPER PRESENTATIONS

Day 2: 5th December, 2020, Saturday

Hall A- 02.30 - 04.00 pm, INDUSTRY SESSIONS

**Rapporteur:
Dr. D.B. Naik**

Time	Topic	Speakers	Chairpersons/ Moderator
PRODUCT THEATRE (MSD)			
02.30 – 03.00 pm	Getting the most out of gliptins in Indian patients	Dr Binayak Sinha, Kolkata	Dr S. Sridhar, Chennai
INDUSTRY SYMPOSIUM – NOVARTIS (3-4 pm)			
03.00 – 03.20 pm	Beta cell preservation: The holy grail in diabetes management	Prof A. Ramachandran	
03.20 – 03.40 pm	Heart Failure, Diabetes and CKD- A clinical conundrum	Dr Abraham Oomman	
03.40 – 04.00 pm	Acute decompensated heart failure and cardio renal syndrome type 4	Dr Raghavan Padmanaban	

Day 2: 5th December, 2020, Saturday

Hall B- 02.30 - 04.00 pm, INDUSTRY SESSIONS

**Rapporteur:
Dr. Sathian**

Time	Topic	Speakers	Chairpersons/ Moderator
PRODUCT THEATRE (BOEHRINGER INGELHEIM)			
02.30 - 03.00 pm	Case based outlook to optimize SGLT2i/DPP-4i FDC in T2DM managements	Dr Krishna Seshadri, Chennai	Dr Rajesh Rajendran, Chennai
INDUSTRY SYMPOSIUM – MICRO LAB (3-4 pm)			
03.00 - 03.30 pm	Early Intensive Rx for T2 DM	Dr. G.Vignesh, Trichy	Dr. Shanmugasundar G, Chennai
03.40 – 04.00 pm	Modern SUs and CV safety	Dr. Prem Kumar, Salem	

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 2: 5th December, 2020, Saturday
Hall A- 04.00 - 09.00 pm

Rapporteur:
Dr. Bharath Ramji

Diabetes Symposium			
Time	Topic	Speaker	Chairpersons/ Moderator
Diabetes guidelines & HTN			
04.00 - 04.30 pm	RSSDI-ESI 2020 guidelines: How to use the therapeutic wheel?	Prof. Rakesh Sahay, Hyderabad	Dr. Vamsie Mohan, Chennai Dr. Suryanarayana, Puducherry
04.30 - 05.00 pm	Hypertension in diabetes: An update	Dr. Leo Gunalane, Puducherry	
05.00 - 05.45 pm	Dr Kannan & Dr Rastogi Oration: Community Endocrinology	Prof. M S Seshadri, Retd Professor of Endocrinology CMC, Vellore	Dr A K Das, Puducherry Dr S Murthy, Chennai Dr S Sridhar, Chennai
05.45 - 06.30 pm	Presidential Oration: "Patient connect charter for Endocrinology"	Dr Krishna Seshadri, Chennai	
06.30 - 07.00 pm	DEBATE: Can SGLT-2i replace Metformin as drug of first choice in T2DM?	Yes: Dr. Kumaravel, Madurai No: Dr. Krishnan Swaminathan, Coimbatore	Dr. S. Murthy, Chennai
Newer advances in diabetes			
07.00 - 07.30 pm	m-Health in diabetes	Dr. N.K.Narayanan, Chennai	Dr. Jayashree Gopal, Chennai Dr. Palaniappen, Karur
07.30 - 08.00 pm	GLP-I receptor agonists: Injectable to Oral Therapy	Dr. Sambit Das, Bhubaneswar	
INSULIN SYMPOSIUM			
08.00 - 8.30 pm	Insulin initiation & titration in T2DM: An Indian perspective	Dr. JJ Mukherjee, Kolkata	Dr Arthur Asirvatham, Madurai Dr. J S Kumar, Chennai
08.30 - 9.00 pm	Newer basal insulin analogues: Is the jury still out or verdict reached?	Dr. Anand Kumar Annamalai, Madurai	
09.00 - 10.00 pm	GBM (General Board Meeting) Virtual		

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 2: 5th December, 2020, Saturday
Hall B- 04.00 - 09.00 pm

Rapporteur:
Dr. Felix Jeba Singh

Endocrine Symposium

Time	Topic	Speaker	Chairpersons/ Moderator
04.00 - 04.30 pm	Adrenal insufficiency: Update on etiology & management	Prof. Karim Meeran, UK	Prof. Balamurugesan, Puducherry Prof. Lokesh, Puducherry
04.30 - 05.00 pm	Hypopituitarism: Indian perspective	Dr. Suresh Damodharan, Coimbatore	
05.00 - 05.45 pm	ORATION in Hall A		
05.45 - 06.30 pm	ORATION in Hall A		
06.30 - 07.00 pm	Intermittent fasting Vs Daily calorie restriction for weight loss	Debate Dr. Nitin Kapoor, Vellore Vs. Dr. Sunil Kota, Behrampur	Dr. JP Sahoo, Puducherry
07.00 – 7.30 pm	Spontaneous hypoglycemia in adults	Dr. S. Ram Kumar, Chennai	Dr. JP Sahoo, Puducherry
07.30 - 08.30 pm	Approach to suspected Cushing's syndrome: Panel discussion	Panelists: Dr. PG Sundaraman, Chennai Dr Warun Kumar, Madurai, Dr. D.B. Naik, Puducherry	Moderator: Dr Adlyne Reena Asirvatham, Chennai
8.30 - 09.00 pm	A Practical Approach to the Adrenal Incidentaloma	Prof. William Young, USA	Prof. Shriram Mahadevan, Chennai Dr Uma Devi, Chennai

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 3: 6th December, 2020, Sunday
Hall A- 09.00 am - 01.15 pm

Rapporteur:
Dr. Karthik Balachandran

GYNE- ENDOCRINOLOGY- ESTN- OGSP (FOGSI) JOINT SYMPOSIUM			
Time	Topic	Speakers	Chairpersons/Moderator
Menarche to Menopause			
09.00 - 09.30 am	Approach to primary amenorrhea	Dr. Jayashree Gopal, Chennai	Prof. Jayshree, Puducherry Dr. Geethalakshmi, Chennai
09.30 - 10.00 am	Debate: Inositols for PCOS: Hope or hype?	Dr. Swaramya C.(Hope), Puducherry Vs Dr. Chitra Selvan (Hype), Bangaluru	
10.00 - 10.30 am	Menopause: From pause to play	Dr. Usha Sriram, Chennai	
Panel Discussion			
10.30 - 11.30 am	Ferticrinology Sub fertility cases: Thyroid, Obesity, Prolactin, Diabetes	Dr. Anjali Sathya, Chennai Dr Chitra, Puducherry Dr. Krishna Shankar, Coimbatore Dr. Sindhu Bhairavi, Puducherry	Moderator Dr Vidhya J, Coimbatore
PREGNANCY			
11.30 am- 12.00 pm	Diabetes in pregnancy: Update on management	Dr. Usha Ayyagari, Chennai	Dr. Haritha, Puducherry Dr. Sruthi, Chennai
12.00 - 12.30 pm	Management of thyroid dysfunction in pregnancy	Dr. Veronique Nicolaou, South Africa	
PCOS Update			
12.30 - 01.00 pm	Plenary: PCOS: Update for 2020	Prof. Gerard Conway, UK	Dr. Seethesh Ghose, Puducherry Dr. Suresh Damodharan, Coimbatore
01.00 - 01.15 pm	Valedictory function		

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

Day 3: 6th December, 2020, Sunday
Hall B- 09.00 am - 01.15 pm

Rapporteur:
Dr. Rajesh Rajendran

Time	Topic	Speaker	Chairpersons/ Moderator
Bone			
09.00 - 09.30 am	The Calcium Controversy	Prof Shriram Mahadevan, Chennai	Dr. S. Sridhar, Chennai Dr Krishna Kumar, Puducherry
09.30 - 10.00 am	Bone health assessment for general practitioners	Prof. Thomas Paul, Vellore	
10.00 - 10.30 am	Bisphosphonates Vs Teriparatide for Rx of osteoporosis	Dr. Suresh Prabhu, Coimbatore Dr. Ravikiran, Chennai	
Electrolyte disorders			
10.30 - 11.30 am	Electrolyte disorders in endocrine diseases: Panel discussion	Panelists: Dr. Kumar Thulasidass, Chennai Dr. Aruna Chellaiya, Madurai Dr. Manikandan, Madurai	Moderator Dr. Ramamohan, Nellore
Adolescent Endocrinology			
11.30 - 12.00 Noon	Approach to short stature	Dr. S. Sridhar, Madurai	Dr. S. Ram Kumar, Chennai Dr. Sivan Arul Selvan, Tirunelveli
12.00 - 12.30 pm	Adolescent obesity: How to tackle in current pandemic situation?	Dr. Bharath Ramji, Chennai	
12.30 - 01.00 pm	Delayed puberty	Dr. Arun Vishwanath, Tirunelveli	
01.00 - 01.15pm	Valedictory function (Hall A)		

8th ANNUAL CONFERENCE OF ENDOCRINE SOCIETY OF TAMIL NADU AND PUDUCHERRY

The Endocrine Society - Tamil Nadu and Puducherry

The Endocrine Society of Tamil Nadu and Puducherry was formed in 2013 with a view to spread awareness about the speciality to the public and to fulfil the need for a state level organisation for the speciality. The aims of the society are to unite all practicing physician endocrinologists qualified and trained or otherwise interested to work for the cause of Endocrinology and subjects with Endocrine disorders. The other aims are to propagate recent developments in the endocrine science through periodic conduct of conference and publish journals, newsletters or guidelines. To publish books for lay public, under and post graduate medical students and others.



TRENDO 2020 will also represent the 8th Annual Conference of the Endocrine Society of Tamil Nadu and Puducherry. The unique 3 day programme will cover day to day endocrinology, update on management of thyroid disorders, current controversies in diabetes, endocrinology of/in pregnancy, PCOS and pediatric endocrinology.

Memberships & Subscriptions

Full membership - Physician with a post graduate qualification in Endocrinology and/or trained in Endocrinology - Life membership Rs. 10,000/- only, entry fee Rs.1000/-

Associate members - Physicians and Basic science students who do not meet the above requirements but are interested in Endocrinology Rs.10,000/- only as life membership & entry fee Rs.1000/-

Student members - Medical and Basic science students undergoing post-graduate courses in Endocrine or other related sciences Rs.3000/- for the period of current studentship with an entry fee Rs.250/- only

Corporate membership - Institutions and industries interested in the advancement of Endocrinology - Rs.1,00,000/- only with an entry fee of Rs.1000/- only.

Current Office-Bearers

President: Dr G. Krishna Seshadri, Chennai

Vice Presidents: Dr Shriraam Mahadevan & Dr Suresh Damodharan

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